

That's the look... ...the look of *Love*

Love is a funny thing. It puts a spring to your step, leaves your belly rumbling with butterflies and injects a massive dose of radiance to your face. That love-induced radiant glow can be achieved effortlessly with the help of some skin boosting potions and a little know-how. Sure, love is in the air this February, but with our top picks the love glow can stay with you all year 'round!

UNLEASH THE GLOW

Scrubs can be harsh on delicate skin but a fruity enzyme exfoliator can gently slough away dead skin cells and reveal radiant skin minus the scrubbing.



Elemis Papaya Enzyme Peel Mask

An award-winning exfoliating mask packed with papaya, pineapple and seaweed extracts. €44 from salons nationwide.



Skin Essentials Enzyme Exfoliator

A winner at RSVP headquarters, this exfoliator smoothes and adds radiance to the skin with just one ingredient.....pumpkin! €30 www.wexfordbeautysalon.com

HELLO HYDRATION

Moisturiser is the key to radiant skin. Moisturised skin is nourished skin! Go for one that's light on the skin yet heavy in the fabulous ingredients department.



VOYA Ritzy Spritz

This hydrating spray is supercharged with vitamins and mineral that boost skins moisture and glow levels! €25 www.voya.ie

TOP PICK

For an injection of colour: Soleil Tan de Chanel

We love this gorgeous light cream-gel bronzer. It leaves your skin with a beautiful sun-kissed look. Wear it on its own or over foundation for a hint of outdoors radiance! €37.50

FAKING THE GLOW*

(*after a late night or too much vino!)



LUSH Gorgeous Moisturiser

Light yet nourishing, this gem is brimming with six gorgeous organic oils and butters that feed hungry skin. €49.70 for 45g. Lush stores nationwide.



QUICK TIPS:

- Don't have a lot of cash at your disposal? Still want the enzyme experience? Mash up some papaya (get it in the veg isle) and apply to cleansed skin for 15 mins. The enzymes in the fruit will eat away at all those nasties living in your pores.

- You are what you eat. It's a fact! Ditch the greasy crisps and stock up on antioxidants, which are crucial for optimum skin health, like blueberries, carrots and tomatoes.

FOR EYE BAGS:

