

# SOCIAL & PERSONAL™

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INSIDE!**

S&P EXCLUSIVE  
CHRISTMAS  
WISH LIST

**WIN!**

A Five-Star  
Zurich Break

## LOUISE KENNEDY

On her expanding design  
empire; her new Luxe fashion  
collection and the recent  
passing of her father

**COCKTAIL  
HOUR**

The sexiest dresses  
to shine in this season

**TRAVEL**  
Swedish Lapland

**BE DAZZLED!**

Carleton Varney on  
the genius of  
Norman Hartnell

**INVITATION  
ONLY**

Gavin Lambe-Murphy  
on entertaining  
at home





with award-winning beauty therapist  
**Elaine Butler-Doolin**

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# BEAUTY COUNTER

It's all about Hollywood glamour and sparkle at this time of year as we prepare ourselves for the party season, and let's face it; we all want to stand out from the crowd



## ◀ ELAINE'S BEAUTY SECRET

This season is all about precision make-up, so for those who need to keep their glasses on when applying make-up, I recommend you try the **Revlon Artists' Make-up Mirror, €59.99**. For stockist details, call 01 6205200.



## ▲ DID YOU KNOW?

As skin ages, both collagen and elastin fibres, which give our skin its suppleness, gradually disintegrate. Dry skin also has an inability to maintain healthy water retention and a vital lipid (oil) level resulting in 'paper-like' appearance.

*Solution for over-25s:* **Nourishing Response Balm, €59**, from Darphin. It feels lavish and indulgent, and is available from department stores.

*Solution for over-40s:* **Carita Mother of Pearl Youth Nutritive** anti-ageing cream, **€153.30**. It draws on the generosity and abundance of nature. Available from department stores.

## LASH OUT ▼

Extension lashes are not just for special nights out, and this autumn sees fluttering eyelashes being taken to the extreme. The effect is easily achieved with **Mac Lashes, €11.50**. Celebrity lash designer Christina Smith, who has designed lashes for the likes of Kate Hudson and Gisele Bündchen, has now brought out 11 different styles to suit all eye shapes. Available from MAC counters in Brown Thomas.



## SKIN DEEP ▲

The importance of caring for your skin before it starts to show signs of ageing goes without saying. L'Oreal has now developed a luxury range called **Derma Gensis Serum, €29.99**, which is suitable for anyone over 18 and helps boost the skin from deep within. Available from pharmacies nationwide.



## ◀ HANDY OPTION

I have always been very conscious of having soft hands and one of the nicest hand creams I've tried to date is **Nutriv Smoothing Hand Crème, €65**, from Estée Lauder.

## FROM THE SEA ▶

A certified organic product range, **Voya, €16**, aims to bring the goodness of the sea right into your home. The high mineral content helps ease arthritis, stiff joints and skin conditions. Available from Avoca Handweavers.

